

# OUR STORY



Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character & local community that it serves. We celebrate our idyllic locations & believe we have a responsibility to protect the countryside that surrounds us, for now & future generations.



## SAVE ON SIPS HAPPY HOUR

3 - 7pm Mon - Fri

**£1 off a pint of draught beer\***  
**25% off cocktails & wine**



\*offer not available on Bank Holidays or during peak festive periods



# WE CARE

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Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly & carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.

## SOFTS & MIXERS

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### **Bottlegreen Sparkling Pressés**

Choose from apple or elderflower

### **Fruit Juices**

Apple, cranberry, pineapple, tomato or orange

### **J2O**

Orange & passion fruit, apple & mango or apple & raspberry

### **London Essence Tonics & Mixers**

Indian tonic, White peach & jasmine, Raspberry & rose

Blood orange & elderflower, Rosemary & grapefruit or Ginger ale

Coca Cola Bottles Original, Diet, Zero or Fanta

Draught Diet Pepsi, Pepsi Max or R Whites Lemonade



# BOTTLED BEERS & CIDERS

## Peroni Nastro Azzurro Stile Capri 330ml bottle, (4.2%)

Escape to the Italian coast with this easy-drinking beer inspired by the refreshing taste & scent of the Mediterranean

## Cornish Orchard 500ml bottle (4.5%)

Perfectly balanced, gentle sparkling cider made with 100% fresh, hand-picked dessert apples, using natural sugars. **Choose from cherry & blackberry or raspberry & elderflower**

## Peroni Gluten Free 330ml bottle, (5.1%)

Crafted with passion & flair to offer a delicate balance of bitterness & subtle citrus aromatic notes without the gluten. Brewed in Italy & based on the original recipe of 1963

# ON DRAUGHT

HIGHLIGHTS FROM OUR RANGE

## Asahi Super Dry (5%)

Brewed to the authentic Japanese recipe to deliver its dry, crisp taste and quick clean finish, Asahi Super Dry compliments all occasions.

## Peroni Nastro Azzurro (5.1%)

Premium Italian lager, with a distinctive, intensely crisp and refreshing character, brewed in Italy since 1963.

## Guinness (5.1%)

Distinctive dark, ruby-red colour, creamy texture and balanced flavour profile with notes of roasted coffee and chocolate, originating from the St. James' Gate Brewery in Dublin.

## Grolsch (3.4%)

Double brewed for double to flavour' using two hops for bitterness and aroma, perfectly blended with two different types of malt.

## Meantime Anytime IPA (4.7%)

Mosaic, Ekuanot, Cascade and Centennial hops create the ultimate session IPA. It's tropical refreshment from the heart of London.

## Cornish Orchard Gold (4.5%)

Lightly sparkling and immensely refreshing with fruity apple tones. A blend of bittersweet and dessert apples give this modern style cider body and crispness.

## Big Drop Paradiso - Citra IPA (0.5%)

Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free



## LocAle - Proud to support locally brewed ale

Please ask for today's selection of local & national real ales - these change all the time to keep the freshest & most suitable range available to you!

## APERITIFS & SPRITZ

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**Aperol Spritz** ..... £9.50

Aperol Italian aperitif, prosecco, soda water & an orange slice

**Spiced Ginger Spritz** ..... £9.50

Makai spiced rum, ginger beer, soda water & lime slice

**Sunshine Spritz** ..... £8.95

Limoncello, prosecco, soda water & lemon slice



## COCKTAILS

<b>Mojito</b> .....	£10.75
White rum, sugar syrup, lime juice & soda water	
<b>Pornstar Martini</b> .....	£11.50
Vodka, passion fruit purée & lemon with a shot of prosecco	
<b>Espresso Martini</b> .....	£10.75
Absolut vodka, Kahlua, vanilla & double espresso	
<b>Peach or Passion Fruit Bellini</b> .....	£9.50
Peach or passion fruit purée with prosecco	
<b>Botanical Smash</b> .....	£10.95
Bombay sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	
<b>Old Fashioned</b> .....	£10.75
Maker's Mark bourbon, Angostura bitters, sugar syrup & water with orange slice	
<b>Baby Guinness</b> .....	£4.45
Delicious shot made to look like a mini-pint of Guinness made with coffee liqueur & Irish cream	

## MOCKTAILS

<b>Peach Melba-Retti (0%)</b> .....	£8.50
Lyre's Amaretti, strawberry syrup, peach purée & lemonade	
<b>Virgin Mojito (0%)</b> .....	£6.25
Apple juice, elderflower, soda & mint	
<b>Peach Or Passion Fruit Belli-No (0%)</b> .....	£7.50
Peach or Passion fruit purée with Lyre's 0% classico sparkling wine	

## NO / LOW ALTERNATIVES

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**Apple-Roll Spritz (0%)** ..... £8.35

Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice

**Lyre's Classico Sparkling Wine (0%)**

Impossibly crafted to capture the essence of a sparkling wine

**Peroni Nastro Azzuro 0% 330ml bottle (0%)**

After the characteristic aroma and taste profile is fully developed, the alcohol gently removed to deliver the crisp and refreshing Italian taste

**Guinness 0.0 (0%)**

Boasts the same beautifully smooth taste, perfectly balanced flavour and unique dark colour of Guinness, just without the alcohol

**Old Mout Berries 500ml bottle (0%)**

This tasty tippie occurred when our crisp apples met their match with a handful of ripe berries and cherries

**Big Drop Paradiso - Citra IPA on draught (0.5%)**

Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free



# WHITE

175ml / 250ml / bottle

FRESH & CRISP

**House white wine** ..... £5.60 / £7.95 / £21.50  
Our specially selected easy drinking white wine, a great all rounder

**Pinot Grigio, Sartori, Italy (11%)** ..... £7.30 / £10.50 / £30.50  
Fresh and fruity Pinot Grigio from northern Italy, with a light lemon character too

**Picpoul De Pinet, Roquemolieres, France (12.5%)** ..... £9.50 / £13.50 / £39.95  
Soft, floral white from southern France, dry and delicate with a good minerality

FRUITY

**Sauvignon Blanc, Project Wine Co, Chile (13%)** ..... £7.75 / £10.95 / £31.50  
This lively wine from Chile boasts fresh flavours of lemon and bags of fruit

**Chardonnay, Les Mougeottes, France (13.5%)** ..... £8.20 / £11.70 / £34.75  
Lemon and vanilla on the nose with a round, fruity body and a hint of vanilla oak character



Please note ABV on wines is subject to seasonal variation. 125ml size also available for all wines served by the glass.  
Prices correct at the time of printing, but are subject to change.

## RED

175ml / 250ml / bottle

- SOFT & FRUITY**
- House red wine** ..... £5.60 / £7.95 / £21.50  
Our specially selected easy drinking red wine, a great all rounder
- Project Malbec, Argentina (13%)** ..... £7.75 / £10.95 / £31.50  
A juicy malbec with notes of baked plums, raisins and a hint of chocolate and vanilla
- Pinot Noir, Les Mougeottes, France (13%)** ..... £8.50 / £12.40 / £35.95  
Clean & precise bouquet with black cherries & raspberry aromas and a silky finish

- ROBUST**
- Rioja Crianza, Arderius Leza Garcia, Spain (14.5%)** ..... £9.50 / £13.60 / £39.95  
Aromas of black cherry, black currant and dark chocolate. This Rioja is full on the palate, with fig, milk-chocolate, plum and butterscotch

- ROUND & WARM**
- Montepulciano d'Abruzzo, Borgo Sena, Italy (12%)** ..... £7.75 / £10.95 / £31.50  
Plum, black cherry and a smooth finish  
make this a great all-rounder
- Merlot, Tarapaca, Chile (13%)** ..... £8.40 / £12.10 / £35.50  
Soft and elegant with ripe damson fruit character, subtle tannin and a long elegant finish.



## ROSÉ

175ml / 250ml / bottle

**House rosé wine** ..... £5.60 / £7.95 / £21.50  
Our specially selected easy drinking rosé wine, a great all rounder

**Pretty Gorgeous Rosé, France (12%)** ..... £7.30 / £10.50 / £29.50  
Full of fruit and a hint of sweetness for those who don't want a dry wine

**Rosepale CDP, Aubert and Mathieu, France (12.5%)** ..... £11.35 / £16.15 / £44.50  
Provence is all about red fruit with a hint of creaminess on the palate and this is a delightful example



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# SPARKLING & CHAMPAGNE

125ml / bottle

**Prosecco Via Vai NV** Italy (10.5%) ..... £6.95 / £35.50  
Peachy, lively and light on the palate, everything you'd expect from a prosecco

**Hattingley Valley Classic Reserve NV** England (12%) ..... £59.95  
English wine with a delicate perfume of hedgerow flowers, a flavour of green apples and a fine, rich toastiness on the finish.

**Moët Imperial NV** Moët & Chandon France (12.5%) ..... £77.50  
Well-made Champagne from a world famous name: a succulent mouthful of pear, peach and brioche

**Lyres Sparkling 0%** (0%) ..... £6.25  
This unique spirit has been impossibly crafted to capture the essence of sparkling wine with flavours that are distinct & contemporary



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### **Bombay Sapphire**

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

### **Hendrick's**

A triumph of the unusual – curious, yet marvellous, the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

### **Bloom Jasmine & Rose**

Sugar free premium pink gin, bursting with exquisite floral flavours

### **Whitley Neil Rhubarb & Ginger Or Sicilian Blood Orange**

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

### **Mermaid**

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

### **Mermaid Pink**

Infuses the flavour of fresh island strawberries with a smooth yet complex taste of the award-winning Mermaid Gin, a blend of lemon zest, grains of paradise and fragrant rock samphire

### **Mermaid Zest**

A zesty, aromatic infusion of Mermaid Gin with summer citrus fruits and wild foraged, coastal botanicals. Grapefruit and cascade hops are blended with island bergamot, lemon zest and rosemary



Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork

# WORLD WHISKEYS

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HIGHLIGHTS FROM OUR RANGE

## Glenfiddich 12 Year Old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches - it's the one to drink when you're drinking more than one

## Jameson Irish Whiskey

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo"

## Talisker Scotch Whisky

The Isle of Skye's only single malt & one that is loved all over the world for its maritime character

# BOURBONS & TENNESSEE WHISKEYS

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HIGHLIGHTS FROM OUR RANGE

## Jack Daniel's Old No 7

Charcoal mellowed drop by drop

## Maker's Mark

Made from soft winter wheat (instead of the usual rye) for a full flavoured bourbon



Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

# VODKA

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HIGHLIGHTS FROM OUR RANGE

## Absolut

Bold & original Swedish vodka. Absolut Vodka launched in New York, 1979 in a transparent & label-less bottle, inspired by an 18th Century medicine bottle

## Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

 Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative

# RUM

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HIGHLIGHTS FROM OUR RANGE

## Kraken

Named after the sea beast of myth and legend, Kraken Caribbean black spiced rum is bold, rich & smooth

## Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

## Makai Spiced Rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

## Mermaid Spiced Rum

A blend of Caribbean rums infused with local fruits and spices on the Isle of Wight. Enjoy the smooth and complex flavour of this eco-friendly spirit with a hint of sea air and fruity spice



# TEQUILA

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HIGHLIGHTS FROM OUR RANGE

## El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

♻️ 98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilise their next generation of Agave

## Dead Man's Fingers Strawberry Tequilla Cream Liqueur

Combining Tequila with rich cream & fruity strawberry notes

# AFTER DINNER SIPS

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Amaretto Sweet Italian Liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 Year Old Tawny Port

Baileys Irish Cream

Limoncello



## LIQUEUR COFFEE

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Irish

Brandy

Amaretto

Coffee Liqueur

Dark Rum

## BOOZY HOT DRINKS

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Amaretto Latte

Baileys Latte

Cointreau Hot Chocolate

Baileys Hot Chocolate

# HOT DRINKS

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Americano

Cappuccino

Espresso

Double Espresso

Latte

Flat White

Macchiato

Tea

Specialist Tea

Mocha

Hot Chocolate

Deluxe Hot Chocolate

Turkish Delight Hot Choc

Hot chocolate with rose syrup & chocolate sprinkles

Add Syrup

Caramel, hazelnut or vanilla

*Oat, soya or almond milk available on request*



## SCAN FOR ALLERGENS

Our food & drink is prepared in food areas where cross contamination may occur & our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.